



PLAY:60



American
Heart
Association.

**Fitness
for Kids**
CHALLENGE

Independent
Health
FOUNDATION



NAME _____

SCHOOL _____

GRADE _____



OCTOBER 2

I PLAYED 60 MINUTES TODAY!



OCTOBER 3

I PLAYED 60 MINUTES TODAY!



OCTOBER 4

I PLAYED 60 MINUTES TODAY!



OCTOBER 5

I PLAYED 60 MINUTES TODAY!



OCTOBER 6

I PLAYED 60 MINUTES TODAY!



OCTOBER 7

I PLAYED 60 MINUTES TODAY!



OCTOBER 8

I PLAYED 60 MINUTES TODAY!



SAMPLE

OCTOBER 2

I PLAYED 60 MINUTES TODAY!



OCTOBER 3

I PLAYED 60 MINUTES TODAY!



OCTOBER 4

I PLAYED 60 MINUTES TODAY!



OCTOBER 5

I PLAYED 60 MINUTES TODAY!



OCTOBER 6

I PLAYED 60 MINUTES TODAY!



OCTOBER 7

I PLAYED 60 MINUTES TODAY!



OCTOBER 8

I PLAYED 60 MINUTES TODAY!



OCTOBER 9

I PLAYED 60 MINUTES TODAY!

OCTOBER 10

I PLAYED 60 MINUTES TODAY!

OCTOBER 11

I PLAYED 60 MINUTES TODAY!

OCTOBER 12

I PLAYED 60 MINUTES TODAY!

OCTOBER 13

I PLAYED 60 MINUTES TODAY!

OCTOBER 14

I PLAYED 60 MINUTES TODAY!

OCTOBER 15

I PLAYED 60 MINUTES TODAY!

OCTOBER 16

I PLAYED 60 MINUTES TODAY!

OCTOBER 17

I PLAYED 60 MINUTES TODAY!

OCTOBER 18

I PLAYED 60 MINUTES TODAY!

OCTOBER 19

I PLAYED 60 MINUTES TODAY!

OCTOBER 20

I PLAYED 60 MINUTES TODAY!

OCTOBER 21

I PLAYED 60 MINUTES TODAY!

OCTOBER 22

I PLAYED 60 MINUTES TODAY!

OCTOBER 23

I PLAYED 60 MINUTES TODAY!

OCTOBER 24

I PLAYED 60 MINUTES TODAY!

OCTOBER 25

I PLAYED 60 MINUTES TODAY!

OCTOBER 26

I PLAYED 60 MINUTES TODAY!

OCTOBER 27

I PLAYED 60 MINUTES TODAY!

OCTOBER 28

I PLAYED 60 MINUTES TODAY!

OCTOBER 29

I PLAYED 60 MINUTES TODAY!



LET'S GO



BUFFALO

